A Regional Youth Service Center (RYSC) coordinates community-based mental health and substance use services for youths and young adults aged 12-25 and partners with families and youths. These supports aim to help youths thrive in their homes, schools and communities.

The six RYSCs provide substance use treatment services, including early detection and recovery support services, and other kinds of mental health treatment recovery and wellbeing services. RYSCs also connect families and caregivers with supports and services.

Families & caregivers can receive the following services at RYSCs:

- **First Episode Psychosis (FEP) or Early Serious Mental Illness (ESMI)** Also called “Quiet Minds” for youths and young adults aged 15-25 with emerging psychotic disorders, using a coordinated specialty care (CSC) model.

Read more at https://quietmindswv.com/

- **Outreach**
  The RYSC provides information and extends services or assistance to youth, young adults and families where they live or spend time.

- **Youth Peer Support**
  Each RYSC has a Youth Recovery Specialist with lived experience to support youths and young adults involved with the RYSC.

- **Youth Suicide Intervention**
  Each RYSC has a Youth Suicide Intervention Specialist to provide suicide prevention screening, assessment, referral, safety-planning and follow-up with youths and young adults at risk of suicide.

- **Family Coordinators**
  Each RYSC has Family Coordinators to engage family members of youths and young adults involved with the RYSC and other families in need of support and connection to services.